

# The world mirrors you!

**YOU ARE SO POWERFUL - YOU ARE THE UNIVERSE ITSELF!**

You-niverse ♥

We haven't learned this, so we need to start thinking in a new way. The more open we are and the more adaptable we are, the faster we create change.

Most people are in agreement that the world mirrors us at a fundamental level. When I'm happy, I quickly notice that I attract more lovely feelings and experiences - and if I'm in fear or doubt, I also notice how things don't work so well around me.

**THIS IS EXACTLY WHAT WE NEED TO WORK WITH - On many different levels!**

Our awareness of our inner selves is a bit like an onion. The more we work on ourselves, the more layers we can "peel off," and the lighter and more authentic we become.

**Authenticity is the highest vibrating vibration, on the scale** (\*See the vibration scale)

We peel off the different identities, beliefs, and misinformation about ourselves. Start by seeing yourself as the universe.

*Start by imagining how you control and influence everything that happens in your universe bubble - and the most dominant vibration you constantly emit, the world will always mirror!*

## **Basic starting explanation!**

Quote; "Until you find another way to look at things, nothing will change inside you - and as long as you don't change anything inside you, things around you cannot change."

*The most important thing we need to learn is about how we vibrate. How we think and feel. Once we've learned that we ONLY need to let the thoughts and feelings we want more of be dominant, we will always attract more and more of what we want!*

When we start to gain a deeper understanding, we will begin to feel differently, and when we feel differently, we will attract differently, and when we attract differently, we will begin to experience daily manifestations and more conscious synchronicity.

So that's the main purpose of what we need to learn in this process!

**Everything we have in our lives now, we have manifested ourselves. We manifest every moment. So it's SO important that we know this, so we can create the life we want. Instead of manifesting randomly.**

When we feel good, we are in alignment with our inner selves, and when we are in alignment with our inner selves, we are in balance and in a vibration where we are receptive to receiving.

The better we can feel every minute, the better we attract in the next minute. We ALWAYS attract more of what we vibrate. So if we focus a lot on what we DON'T want. That we don't have enough money, or we focus on the problems, to solve them... Well, then we attract more of that instead.

**So we need to learn to shift our mindset to ONLY focus on what we want more of. (Module 2)**

When we are worried and afraid... for example, afraid that we don't have enough money. Afraid of getting sick, rejected, etc. - Then we will always attract more corresponding to the same vibration/frequency.

We haven't learned this - and it's probably one of the most important things we can learn about ourselves. Because it's the way we can regulate our entire lives.

**See yourself as you-niverse. That YOU are the one who determines what is most important to focus on in YOUR universe - and what is dominant in your universe is mirrored by the world, and you manifest more of it! So be selective about what you give your focus to!**

We need to think COMPLETELY differently if we want new results in our lives - and we want to learn to regulate our inner selves!

**THE WORLD WILL ALWAYS MIRROR WHAT YOU VIBRATE!**

**THE WORLD IS NEUTRAL!**

The world doesn't care if you deserve it, or if it's fair. The inner energy you vibrate, you will always get more of that energy back.

So if you don't feel like there's enough money - then that's what you're sending out - and the world mirrors the vibration and gives you more of "not having enough money"!

The universe will always respond to the vibration you emit. So you need to learn to show yourself something other than what you usually do.

It all starts within you!

**We can understand creation in terms of emitting and receiving.. emitting and receiving..**

See yourself as 2 parts.

- Your programmed part, your ego, your identity
- Your higher self, your soul, your inner, your heart

Your inner self automatically emits abundance, but your ego emits doubt...

Your inner self emits one thing and your ego emits another...

Can you tune your radio to 108 fm and hear what's on 100 fm?

Can you receive from a frequency other than the one you're on?

You need to match the frequency your inner emits. So that's what we need to start practicing ...

**What do you emit and what do you receive...?**

You need to learn to consciously tune into the frequency your inner emits, which is what we call the receiver state/mood.. You need to be in receiver mode..

You need to think like your inner thinks, to be in receiver mode..

You can't focus on the opposite of what you want. You can't focus on what you don't want and tune your tuner to what you want.

YOU need to learn to tune in because your inner will never change what it emits to match you!

You are abundance from the beginning. That's your natural state.

Your inner will ALWAYS be in your own abundance of everything.. Your inner is pure love & abundance. You need to find a way to match the same vibration..

## **Receiver state**

Receiver mode means that you are consciously in the present and open to receiving synchronicity, signs, and ideas that promote your desires and give you good feelings & joy & passion.... If you go about your day, like most people, and look at "what is" that what you observe, is what you pay attention to, then you let yourself flow with that and be controlled from the outside.

*Being aware that you're doing it, is the important part.*

*We need to tune into the vibrational state that we financially want to be in.. And we do that by finding a way to look at it. That is, right now, we need to make the decision to let go of our focus on our limitations. Not focusing on what we DON'T have, but ONLY focusing on what we have - and want.*

Because every time we say, I can't, or I don't have, or it's hard, or no one I know does it, then we're just practicing setting our tuner, (the vibration we attract with) our receiver state, to something other than what we want..

So if our receiver state isn't set to the state we want, what is it set to? There are plenty and plenty of different frequencies, just like on our radio.

But how do we figure out which frequency and timeline we should tune into?

**We know that from how we feel - and what's happening in our lives!**

So if abundance isn't flowing into our lives, it's because we've set our tuner in a way that doesn't benefit us.

The reason for that is often ignorance about how we function inside. Plus, it's often the habit of ONLY observing what we see in the world and through our day. That we focus on "what is" instead of what we want.

Most of us have grown up living this way. We're used to relating to what we see all the time. And then we give it our attention and our energy.

We give, for example, our attention to a bill when it comes, or to others who may criticize us, or to lack of results in our business and life. So what we look at takes up a lot and often most of our focus.

The other reason that often works against us is that we don't believe in this. We don't believe in how the inner reality works, rather than what we can see in the outer reality, because we haven't learned it. We haven't learned about ourselves and all the unseen.

Most people around us believe in the reality we can see. And we ourselves grew up with that belief.

***But we always have the opportunity to focus on exactly what we want more of - keep focusing on it... and we can't help but begin to attract differently.***

What we see right now. "What is" - is old news.. We have already attracted that, with the mindset and vibration we had yesterday or last week, or the month before...

When you start tuning into what you want instead and keep your focus on it.. That's what you will attract in the future.

Many of the people around you will often see it completely differently. And you CAN'T let it affect you. Maybe only talk to those about it who are on the same vibration as you.

***It can be difficult at first, just as it can be difficult not to let a bill affect your vibration, but precisely that is your true value and strength. That's really what's worth training. Strengthen your focus muscle. It's your shortcut to a better life and more abundance.***

***A positive attitude IS a shortcut to what you're seeking. And it's not an uncertain shortcut. It's a safe shortcut. And it's not a long, slow, and hard shortcut. But an easy and light shortcut.***

But you need to find a way to change the way you feel about it.. Which means you CAN'T face reality. You can't let yourself be controlled by "what is," what's going on around you. So others will tell you that you need to get your head out of the closet, or that you're living in fantasy. But you need to say, I am exactly where my vibrational value lies. This is where all my abundance is. I MUST focus in a way where I feel abundance and joy...

And most importantly.. You need to practice getting out of your head. Out of reason and logic. You need to get out of your head vibrationally. (Not in terms of things you need to do, etc.) But out of your head vibrationally. You need to be more in your heart, and feel what's going on inside.

You need to practice, train it, be in the present moment and stop figuring out, controlling, and analyzing..

You reset your vibration every time you sleep. Every morning you wake up you are NOT in fear, or worry, etc., before you begin to think the same thought as yesterday. Before your programming automatically starts. So if you just get up and step out into the day, your programming starts and you will be vibrationally in the same place as yesterday.

But if you choose right from the morning to choose emotions and thoughts that benefit you, that you want more of, then you set your tuner more and more to new vibrations and you will start to attract differently.

Start really paying attention to how you feel throughout the day. Start focusing on the fact that the world mirrors everything. Practice choosing all the things throughout your day that make you feel better. Every time you feel better, milk that feeling more and be aware of it. Practice keeping momentum.. More and more. Be grateful for what you have now, while knowing that more is coming.

**We only have the present to work vibrationally in!**

Your true income will NEVER come through your education and hard work. Your true income is what you do vibrationally.

**It's important to know!!!**

**We earn money by what we vibrate. How we utilize our vibrational state. We earn with our attitude. We earn with our state!!!**

Task;

You need to describe how you want your life to be. Start dreaming about how your ideal life would be. Think outside the box. What gives you butterflies inside. What would be cool and fun to do, both alone and with your loved ones. What experiences would you like to have? Set aside time to brainstorm on it. What would it be like if you don't need to think about "where & how" the means will come, but just start dreaming about how it feels to do & buy exactly the things you want and gladly pay for it. Start envisioning and feeling how YOU want to be. Both towards yourself, but also in relation to others. What's your attitude like, how does it feel to be you? To contribute all the things you want to contribute? And how does it feel that everyone around you is happy for you and you are happy for them? What difference do you make in the world? What are your basic feelings

every day? What does your day look like? What does it look like where you live? What do you love to do. And what wonderful people do you have around you?

Write away and feel free to come back and write more as you remember more in the coming days and into the future.

You can start it with - "I'm so happy and grateful, now that ....."

**IMPORTANT! It doesn't take time to manifest it. Start practicing that you have it right now. Everything is already here. It's yours as soon as you decide you want it. Live your life and your everyday life as you want to live it when you KNOW it's yours. You have ordered it. Practice being it!**

**IMPORTANT! Don't think about HOW it's going to happen. Your task is to create the feeling and broadcast a continuous vibration of it. So dream and visualize with enjoyment, every day and night before bedtime.**

**IMPORTANT! Spend about 10 minutes every day, jumping into the timeline/vision/dream/emotional state. You need to evoke the feeling/vibration of what it's like to live in the life you've described and are in the process of creating and manifesting. Jump into the "role" of your future self - be active, create an inner movie, and activate the emotions that come with it.**

Then you need to completely let it go, jump "back" into your current role and everyday life, and leave the rest to your higher self and the universe..

**YOUR TASK IS NOT TO THINK ABOUT HOW!**

You need to lean back and be in receiver mode. You need to focus on living in the present and constantly choose what feels best for you to act on in the next moment. (Follow your heart, follow your passion)

Enjoy ♥

